



## Edmonton Class Schedule

September 1, 2018 - August 31, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>5:00 - 5:30 PM</b> <i>Active Start</i> Ages 3 - 5	<b>5:00 - 5:30 PM</b> <i>Active Start</i> Ages 3 - 5	<b>5:00 - 5:30 PM</b> <i>Active Start</i> Ages 3 - 5	<b>5:00 - 5:30 PM</b> <i>Active Start</i> Ages 3 - 5	<b>5:00 - 5:30 PM</b> <i>Active Start</i> Ages 3 - 5
<b>5:30 - 6:30 PM</b> Ages 6 - 9 Ages 10 - 12 Ages 13 - 16 and 16+	<b>5:30 - 6:30 PM</b> Ages 6 - 9 Ages 10 - 12 Ages 13 - 16 and 16+	<b>5:30 - 6:30 PM</b> Ages 6 - 9 Ages 10 - 12 Ages 13 - 16 and 16+	<b>5:30 - 6:30 PM</b> Ages 6 - 9 Ages 10 - 12 Ages 13 - 16 and 16+	<b>5:30 - 6:30 PM</b> Ages 6 - 9 Ages 10 - 12 Ages 13 - 16 and 16+
<b>6:30 - 7:30 PM</b> Ages 10 - 12 Ages 13 - 16 and 16+	<b>6:30 - 7:30 PM</b> Ages 10 - 12 Ages 13 - 16 and 16+	<b>6:30 - 7:30 PM</b> Ages 10 - 12 Ages 13 - 16 and 16+	<b>6:30 - 7:30 PM</b> Ages 10 - 12 Ages 13 - 16 and 16+	<b>6:30 - 7:30 PM</b> Ages 10 - 12 Ages 13 - 16 and 16+
<b>6:00 - 8:00 PM</b> <i>Train to Compete &amp; Win</i> Competitive 16+	<b>6:00 - 8:00 PM</b> <i>Train to Compete &amp; Win</i> Competitive 16+		<b>6:00 - 8:00 PM</b> <i>Train to Compete &amp; Win</i> Competitive 16+	

**Saturday Classes:**  
 10:00 AM - 11:00 AM (Testing Practice - All Ages & Belt Levels)  
 10:00 AM - 11:00 AM (Paralympic Sports Association Class)  
 11:00 AM - 1:00 PM (Sparring Class)